

01三角函数定义与恒等变换练习题

1. 任意角与弧度制

1 已知扇形的周长为8cm，圆心角为2，则扇形的面积为（ ）.

A. 1

B. 2

C. 4

D. 5

答案 C

解析 设扇形的半径为 r ，弧长为 l ，

则扇形的周长为 $l + 2r = 8$ ，

$\therefore$ 弧长为： $\alpha r = 2r$ ，

$\therefore r = 2$ ，

根据扇形的面积公式，

$$\text{得 } S = \frac{1}{2} \alpha r^2 = 4.$$

故选C.

2 已知扇形的周长为10cm，面积为 4cm^2 ，则扇形圆心角的弧度数为 ____ .

答案 $\frac{1}{2}$

解析 设扇形弧长为 l ，半径为 r ，

则 $l + 2r = 10$ ，

$$\therefore \frac{1}{2}(10 - 2r)r = 4 \Rightarrow r = 1 \text{ (舍)} \text{ 或 } 4,$$

$$\therefore l = 2, \alpha = \frac{l}{r} = \frac{1}{2}.$$

3 已知圆锥的表面积为 $9\pi\text{cm}^2$ ，且它的侧面展开图是一个半圆，则圆锥的底面半径为（ ）.

A. $\frac{3\sqrt{2}}{2}\text{cm}$

B. $3\sqrt{2}\text{cm}$

C. $\sqrt{3}\text{cm}$

D. $2\sqrt{3}\text{cm}$

答案 C

解析 设圆锥的底面半径长为 r ，圆锥的母线长为 l ，则由 $\pi l = 2\pi r$ ，得 $l = 2r$ ，而

$$S = \pi r^2 + \pi r \cdot 2r = 3\pi r^2 = 9\pi, \text{ 故 } r^2 = 3, \text{ 解得 } r = \sqrt{3}\text{cm}.$$

2. 三角函数的定义

4 已知 $\sin \theta + \cos \theta = \frac{7}{5}$ ， $\theta \in \left(0, \frac{\pi}{4}\right)$ ，则 $\sin \theta - \cos \theta$ 的值为 _____ .

答案 $-\frac{1}{5}$

解析 $\because \sin \theta + \cos \theta = \frac{7}{5}$,
 $\therefore (\sin \theta + \cos \theta)^2 = \frac{49}{25}$,
 即 $1 + 2 \sin \theta \cdot \cos \theta = \frac{49}{25}$,
 $2 \sin \theta \cdot \cos \theta = \frac{24}{25}$,
 $\therefore (\sin \theta - \cos \theta)^2 = 1 - 2 \sin \theta \cdot \cos \theta = \frac{1}{25}$,
 $\because \theta \in \left(0, \frac{\pi}{4}\right)$,
 $\therefore \cos \theta > \sin \theta$,
 $\therefore \sin \theta - \cos \theta = -\frac{1}{5}$.

5 已知 $\sin \alpha - \cos \alpha = \sqrt{2}$ ， $\alpha \in (0, \pi)$ ，则 $\tan \alpha = (\quad)$.

A. -1

B. $-\frac{\sqrt{2}}{2}$

C. $\frac{\sqrt{2}}{2}$

D. 1

答案 A

解析

方法一：由 $\begin{cases} 1 \sin \alpha - \cos \alpha = \sqrt{2} \\ \sin^2 \alpha + \cos^2 \alpha = 1 \end{cases}$ ，得 $2\cos^2 \alpha + 2\sqrt{2} \cos \alpha + 1 = 0$ ，即 $(\sqrt{2} \cos \alpha + 1)^2 = 0$ ， $\therefore \cos \alpha = -\frac{\sqrt{2}}{2}$ 。又 $\alpha \in (0, \pi)$ ， $\therefore \alpha = \frac{3\pi}{4}$ ， $\therefore \tan \alpha = \tan \frac{3\pi}{4} = -1$ 。

方法二：因为 $\sin \alpha - \cos \alpha = \sqrt{2}$ ，所以 $(\sin \alpha - \cos \alpha)^2 = 2$ ，所以 $\sin 2\alpha = -1$ ，因为 $\alpha \in (0, \pi)$ ， $2\alpha \in (0, 2\pi)$ ，所以 $2\alpha = \frac{3\pi}{2}$ ，所以 $\alpha = \frac{3\pi}{4}$ 。所以 $\tan \alpha = -1$ 。

方法三：因为 $\sin \alpha - \cos \alpha = \sqrt{2}$ ，所以 $\sqrt{2} \sin\left(\alpha - \frac{\pi}{4}\right) = \sqrt{2}$ ，所以 $\sin\left(\alpha - \frac{\pi}{4}\right) = 1$ ，因为 $\alpha \in (0, \pi)$ ，所以 $\alpha = \frac{3\pi}{4}$ ，所以 $\tan \alpha = -1$ 。

6 若 $\tan \theta = 3$ ，则 $2\sin^2 \theta - \sin \theta \cos \theta - \cos^2 \theta = \underline{\hspace{2cm}}$ 。

答案 $\frac{7}{5}$

解析 思路一：求解 $\sin \theta$ ， $\cos \theta$

根据同角关系： $\tan \theta = \frac{\sin \theta}{\cos \theta}$

$$\tan \theta = 3 \Rightarrow \sin \theta = 3 \cos \theta$$

$$\text{又因为 } \sin^2 \theta + \cos^2 \theta = 1$$

$$\text{所以 } \sin \theta = \frac{3}{\sqrt{10}}, \cos \theta = \frac{1}{\sqrt{10}} \text{ 或 } \sin \theta = \frac{-3}{\sqrt{10}}, \cos \theta = -\frac{1}{\sqrt{10}}$$

$$\text{所以 } 2\sin^2 \theta - \sin \theta \cdot \cos \theta - \cos^2 \theta = \frac{18}{10} - \frac{3}{10} - \frac{1}{10} = \frac{7}{5}$$

思路二，切化弦

根据同角关系， $\tan \theta = \frac{\sin \theta}{\cos \theta}$

$$\tan \theta = 3 \Rightarrow \sin \theta = 3 \cos \theta$$

整个式子除以1，并把1用 $\sin^2 \theta + \cos^2 \theta$ 表示，将问题中的 $\sin \theta$ 用 $\cos \theta$ 表示，所以

$$2\sin^2 \theta - \sin \theta \cdot \cos \theta - \cos^2 \theta = \frac{18\cos^2 \theta - 3\cos^2 \theta - \cos^2 \theta}{9\cos^2 \theta + \cos^2 \theta} = \frac{7}{5}$$

思路三：弦化切

根据同角关系 $\tan \theta = \frac{\sin \theta}{\cos \theta}$

整个式子除以1，并把1转化 $\sin^2 \theta + \cos^2 \theta$ ，将分子分母同除以 $\cos^2 \theta$

$$\text{所以 } 2\sin^2 \theta - \sin \theta \cdot \cos \theta - \cos^2 \theta = \frac{2\sin^2 \theta - \sin \theta \cos \theta - \cos^2 \theta}{\sin^2 \theta + \cos^2 \theta} = \frac{2\tan^2 \theta - \tan \theta - 1}{\tan^2 \theta + 1} = \frac{7}{5}.$$

7 已知 $\cos\left(\alpha + \frac{\pi}{6}\right) = -\frac{1}{3}$, 则 $\sin\left(\alpha - \frac{\pi}{3}\right)$ 的值为 ().

A. $\frac{1}{3}$

B. $-\frac{1}{3}$

C. $\frac{2\sqrt{3}}{3}$

D. $-\frac{2\sqrt{3}}{3}$

答案 A

解析 $\because \cos\left(\alpha + \frac{\pi}{6}\right) = -\frac{1}{3}$,

$$\therefore \sin\left(\alpha - \frac{\pi}{3}\right) = \sin\left[\left(\alpha + \frac{\pi}{6}\right) - \frac{\pi}{2}\right] = -\cos\left(\alpha + \frac{\pi}{6}\right) = \frac{1}{3}.$$

故选 A.

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化简:
$$\frac{\sin(2\pi + \alpha) \cos(\pi - \alpha) \cos\left(\frac{\pi}{2} - \alpha\right) \cos\left(\frac{7\pi}{2} - \alpha\right)}{\cos(-\pi - \alpha) \sin(-3\pi - \alpha) \sin(-\pi + \alpha) \sin\left(\frac{5\pi}{2} + \alpha\right)} = \underline{\hspace{2cm}}.$$

答案 $\tan \alpha$

解析 原式 =
$$\frac{\sin \alpha \cdot (-\cos \alpha) \cdot \sin \alpha \cdot (-\sin \alpha)}{-\cos \alpha \cdot \sin \alpha \cdot (-\sin \alpha) \cdot \cos \alpha} = \tan \alpha.$$

故答案为: $\tan \alpha$.

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已知 $f(\alpha) = \frac{\sin\left(\alpha - \frac{\pi}{2}\right) \cos\left(\frac{3\pi}{2} - \alpha\right) \tan(\pi + \alpha) \cos\left(\frac{\pi}{2} + \alpha\right)}{\sin(2\pi - \alpha) \tan(-\alpha - \pi) \sin(-\alpha - \pi)}.$

(1) 化简 $f(\alpha)$.

(2) 若 α 是第三象限角, 且 $\cos\left(\alpha - \frac{3\pi}{2}\right) = \frac{1}{5}$, 求 $f(\alpha)$.

答案 (1) $-\cos \alpha$.

(2) $\frac{2\sqrt{6}}{5}.$

解析 (1)
$$f(\alpha) = \frac{-\sin\left(\frac{\pi}{2} - \alpha\right)(-\sin \alpha) \tan \alpha (-\sin \alpha)}{\sin(-\alpha)(-\tan \alpha) [-\sin(\pi + \alpha)]} = \frac{-\cos \alpha (-\sin \alpha) \tan \alpha (-\sin \alpha)}{-\sin \alpha (-\tan \alpha) \sin \alpha} = -\cos \alpha$$

故 $f(\alpha) = -\cos \alpha$.

$$(2) \text{ 因为 } \cos\left(\alpha - \frac{3\pi}{2}\right) = \cos\left(\frac{3\pi}{2} - \alpha\right) = -\sin \alpha = \frac{1}{5},$$

$$\text{所以 } \sin \alpha = -\frac{1}{5}.$$

又 α 为第三象限角,

$$\text{所以 } \cos \alpha = -\sqrt{1 - \sin^2 \alpha} = -\frac{2\sqrt{6}}{5},$$

$$\text{所 } f(\alpha) = -\cos \alpha = \frac{2\sqrt{6}}{5},$$

$$\text{故答案为: } \frac{2\sqrt{6}}{5}.$$

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$$\text{已知函数 } f(\alpha) = \frac{\sin\left(\frac{\pi}{2} - \alpha\right) \cos\left(\alpha - \frac{3\pi}{2}\right) \tan(2\pi - \alpha)}{\tan(\alpha + \pi) \sin(\alpha + \pi)}.$$

(1) 化简 $f(\alpha)$.

(2) 若 $f\left(\alpha + \frac{\pi}{2}\right) = 2f(\alpha)$, 求 $f(\alpha) \cdot f\left(\frac{\pi}{2} - \alpha\right)$ 的值.

答案

$$(1) f(\alpha) = -\cos \alpha.$$

$$(2) f(\alpha) \cdot f\left(\frac{\pi}{2} - \alpha\right) = -\frac{2}{5}.$$

解析

$$\begin{aligned} (1) f(\alpha) &= \frac{\sin\left(\frac{\pi}{2} - \alpha\right) \cdot \cos\left(\alpha - \frac{3\pi}{2}\right) \tan(2\pi - \alpha)}{\tan(\alpha + \pi) \sin(\alpha + \pi)} \\ &= \frac{\cos \alpha \cdot (-\sin \alpha) \cdot (-\tan \alpha)}{\tan \alpha \cdot (-\sin \alpha)} \\ &= -\cos \alpha. \end{aligned}$$

$$\begin{aligned} (2) f\left(\alpha + \frac{\pi}{2}\right) &= 2f(\alpha), \\ -\cos\left(\alpha + \frac{\pi}{2}\right) &= -2\cos \alpha, \\ \sin \alpha &= -2\cos \alpha, \\ \tan \alpha &= -2. \end{aligned}$$

$$\begin{aligned} f(\alpha) \cdot f\left(\frac{\pi}{2} - \alpha\right) &= -\cos \alpha \cdot \left[-\cos\left(\frac{\pi}{2} - \alpha\right)\right] \\ &= \cos \alpha \cdot \sin \alpha \\ &= \frac{\cos \alpha \cdot \sin \alpha}{\cos^2 \alpha + \sin^2 \alpha} \\ &= \frac{\tan \alpha}{1 + \tan^2 \alpha} \\ &= -\frac{2}{5}. \end{aligned}$$

4. 和差角公式

11 $\cos 20^\circ \cos 50^\circ - \cos 110^\circ \sin 50^\circ = (\quad) .$

A. $-\frac{\sqrt{3}}{2}$

B. $\frac{\sqrt{3}}{2}$

C. $-\frac{1}{2}$

D. $\frac{1}{2}$

答案 B

解析 $\begin{aligned} &\cos 20^\circ \cos 50^\circ - \cos 110^\circ \sin 50^\circ \\ &= \cos 20^\circ \cos 50^\circ + \sin 20^\circ \cdot \sin 50^\circ \\ &= \cos(50^\circ - 20^\circ) \\ &= \cos 30^\circ \\ &= \frac{\sqrt{3}}{2} . \\ &\text{故选B} . \end{aligned}$

12 已知 α, β 都是锐角, $\tan \alpha = 2, \tan \beta = \frac{1}{2}$, 则 $\alpha + \beta = \underline{\hspace{2cm}} .$

答案 $\frac{\pi}{2}$

解析 $\begin{aligned} &\tan(\alpha + \beta) = \frac{\tan \alpha + \tan \beta}{1 - \tan \alpha \tan \beta} , \\ &\text{又 } 1 - \tan \alpha \tan \beta = 0 , \\ &0 < \alpha + \beta < \pi , \\ &\text{故 } \alpha + \beta = \frac{\pi}{2} . \end{aligned}$

13 已知 $\alpha, \beta \in (-\frac{\pi}{2}, \frac{\pi}{2})$, $\sin \alpha = \frac{3}{5}$, $\sin \beta = -\frac{\sqrt{2}}{10}$, 则 $\cos(\alpha - \beta) = \underline{\hspace{2cm}} .$

答案 $\frac{\sqrt{2}}{2}$

解析 因为 $\alpha, \beta \in (-\frac{\pi}{2}, \frac{\pi}{2})$, 所以 $\cos \alpha = \frac{4}{5}$, $\cos \beta = \frac{7\sqrt{2}}{10}$,
 $\cos(\alpha - \beta) = \cos \alpha \cos \beta + \sin \alpha \sin \beta = \frac{4}{5} \cdot \frac{7\sqrt{2}}{10} + \frac{3}{5} \cdot (-\frac{\sqrt{2}}{10}) = \frac{\sqrt{2}}{2}$.

14 已知 $\tan(\alpha + \beta) = \frac{2}{5}$, $\tan(\beta - \frac{\pi}{4}) = \frac{1}{4}$, 那么 $\tan(\alpha + \frac{\pi}{4})$ 的值是 _____.

答案 $\frac{3}{22}$

解析 因为 $\tan(\alpha + \beta) = \frac{2}{5}$, $\tan(\beta - \frac{\pi}{4}) = \frac{1}{4}$,
 所以 $\tan(\alpha + \frac{\pi}{4}) = \tan[(\alpha + \beta) - (\beta - \frac{\pi}{4})]$

$$= \frac{\tan(\alpha + \beta) - \tan(\beta - \frac{\pi}{4})}{1 + \tan(\alpha + \beta) \tan(\beta - \frac{\pi}{4})}$$

$$= \frac{\frac{2}{5} - \frac{1}{4}}{1 + \frac{2}{5} \times \frac{1}{4}} = \frac{3}{22},$$

 故答案为: $\frac{3}{22}$.

15 已知 $\tan \alpha = \frac{\sqrt{2}}{2}$, $\tan(\alpha - \beta) = -\frac{\sqrt{2}}{2}$, 则 $\tan \beta =$ _____.

答案 $2\sqrt{2}$

解析 方法一: $\tan(\alpha - \beta) = \frac{\tan \alpha - \tan \beta}{1 - \tan \alpha \cdot \tan \beta} = -\frac{\sqrt{2}}{2}$.

$$\frac{\frac{\sqrt{2}}{2} - \tan \beta}{1 + \frac{\sqrt{2}}{2} \tan \beta} = -\frac{\sqrt{2}}{2}, \tan \beta = 2\sqrt{2}.$$

 方法二: $\because \tan \alpha = \frac{\sqrt{2}}{2}$, $\tan(\alpha - \beta) = -\frac{\sqrt{2}}{2}$,
 $\therefore \tan \beta = \tan[\alpha - (\alpha - \beta)]$

$$= \frac{\tan \alpha - \tan(\alpha - \beta)}{1 + \tan \alpha \cdot \tan(\alpha - \beta)}$$

$$= \frac{\frac{\sqrt{2}}{2} - (-\frac{\sqrt{2}}{2})}{1 + \frac{\sqrt{2}}{2} \cdot (-\frac{\sqrt{2}}{2})}$$

$$= 2\sqrt{2}.$$

16 已知 $\alpha, \beta \in (0, \frac{\pi}{2})$, 且满足 $\sin \alpha = \frac{\sqrt{10}}{10}$, $\cos \beta = \frac{2\sqrt{5}}{5}$, 则 $\alpha + \beta$ 的值为 () .

- A. $\frac{\pi}{4}$
C. $\frac{3\pi}{4}$

- B. $\frac{\pi}{2}$
D. $\frac{\pi}{4}$ 或 $\frac{3\pi}{4}$

答案 A

解析 由 $\alpha, \beta \in (0, \frac{\pi}{2})$, $\sin \alpha = \frac{\sqrt{10}}{10}$, $\cos \beta = \frac{2\sqrt{5}}{5}$,

$$\therefore \cos \alpha > 0, \sin \beta > 0 ,$$

$$\cos \alpha = \sqrt{1 - \sin^2 \alpha} = \sqrt{1 - \left(\frac{\sqrt{10}}{10}\right)^2} = \frac{3\sqrt{10}}{10} ,$$

$$\sin \beta = \sqrt{1 - \cos^2 \beta} = \sqrt{1 - \left(\frac{2\sqrt{5}}{5}\right)^2} = \frac{\sqrt{5}}{5}$$

$$\therefore \cos(\alpha + \beta) = \cos \alpha \cos \beta - \sin \alpha \sin \beta$$

$$= \frac{3\sqrt{10}}{10} \times \frac{2\sqrt{5}}{5} - \frac{\sqrt{10}}{10} \times \frac{\sqrt{5}}{5} = \frac{\sqrt{2}}{2} ,$$

$$\text{由 } \alpha, \beta \in (0, \frac{\pi}{2}) \text{ 可得 } 0 < \alpha + \beta < \pi ,$$

$$\therefore \alpha + \beta = \frac{\pi}{4} .$$

故选 : A .

17 已知 $\tan \alpha = 2$, 则 $\frac{2 \sin \alpha + 3 \cos \alpha}{\sin \alpha - \cos \alpha} = \underline{\hspace{2cm}}$.

答案 7

解析
$$\frac{2 \sin \alpha + 3 \cos \alpha}{\sin \alpha - \cos \alpha} = \frac{2 \tan \alpha + 3}{\tan \alpha - 1} = 7 .$$

故答案为 : 7 .

18 若 $0 < \alpha < \frac{\pi}{2}$, $-\frac{\pi}{2} < \beta < 0$, $\cos(\frac{\pi}{4} + \alpha) = \frac{1}{3}$, $\cos(\frac{\pi}{4} - \frac{\beta}{2}) = \frac{\sqrt{3}}{3}$, 则 $\cos(\alpha + \frac{\beta}{2}) = ()$.

- A. $\frac{\sqrt{3}}{3}$
C. $\frac{5\sqrt{3}}{9}$

- B. $-\frac{\sqrt{3}}{3}$
D. $-\frac{\sqrt{6}}{9}$

答案 C

解析

$$\begin{aligned}
 & \text{若 } -\frac{\pi}{2} < \beta < 0 < \alpha < \frac{\pi}{2}, \cos\left(\frac{\pi}{4} + \alpha\right) = \frac{1}{3}, \cos\left(\frac{\pi}{4} - \frac{\beta}{2}\right) = \frac{\sqrt{3}}{3}, \\
 & \therefore \sin\left(\frac{\pi}{4} + \alpha\right) = \frac{2\sqrt{2}}{3}, \sin\left(\frac{\pi}{4} - \frac{\beta}{2}\right) = \frac{\sqrt{6}}{3}, \\
 & \therefore \cos\left(\alpha + \frac{\beta}{2}\right) = \cos\left[\left(\frac{\pi}{4} + \alpha\right) - \left(\frac{\pi}{4} - \frac{\beta}{2}\right)\right] \\
 & = \cos\left(\frac{\pi}{4} + \alpha\right) \cos\left(\frac{\pi}{4} - \frac{\beta}{2}\right) + \sin\left(\frac{\pi}{4} + \alpha\right) \sin\left(\frac{\pi}{4} - \frac{\beta}{2}\right) \\
 & = \frac{1}{3} \times \frac{\sqrt{3}}{3} + \frac{2\sqrt{2}}{3} \times \frac{\sqrt{6}}{3} \\
 & = \frac{5\sqrt{3}}{9}.
 \end{aligned}$$

故选：C.

19 已知 $\cos \alpha = \frac{1}{7}$, $\cos(\alpha + \beta) = -\frac{11}{14}$, 且 $\alpha \in \left(0, \frac{\pi}{2}\right)$, $\alpha + \beta \in \left(\frac{\pi}{2}, \pi\right)$.

(1) 求 $\tan 2\alpha$ 的值.

(2) 求 β 的值.

答案

(1) $-\frac{8\sqrt{3}}{47}$.

(2) $\frac{\pi}{3}$.

解析

$$\begin{aligned}
 (1) & \because \cos \alpha = \frac{1}{7} \text{ 且 } \alpha \in \left(0, \frac{\pi}{2}\right), \\
 & \therefore \sin \alpha = \frac{4\sqrt{3}}{7}, \tan \alpha = 4\sqrt{3}, \\
 & \tan 2\alpha = \frac{2 \tan \alpha}{1 - \tan^2 \alpha} = \frac{8\sqrt{3}}{1 - (4\sqrt{3})^2} = -\frac{8\sqrt{3}}{47}. \\
 (2) & \because \cos(\alpha + \beta) = -\frac{11}{14} \text{ 且 } \alpha + \beta \in \left(\frac{\pi}{2}, \pi\right), \\
 & \therefore \sin(\alpha + \beta) = \sqrt{1 - \cos^2(\alpha + \beta)} = \frac{5\sqrt{3}}{14}, \\
 & \therefore \cos \beta = \cos[(\alpha + \beta) - \alpha] \\
 & = \cos(\alpha + \beta) \cdot \cos \alpha + \sin(\alpha + \beta) \cdot \sin \alpha \\
 & = -\frac{11}{14} \times \frac{1}{7} + \frac{5\sqrt{3}}{14} \times \frac{4\sqrt{3}}{7} \\
 & = \frac{1}{2}, \\
 & \because \alpha \in \left(0, \frac{\pi}{2}\right), \alpha + \beta \in \left(\frac{\pi}{2}, \pi\right), \\
 & \therefore \beta \in (0, \pi), \\
 & \therefore \beta = \frac{\pi}{3}.
 \end{aligned}$$

20 已知 $3\sin(\pi - \alpha) + \cos(2\pi - \alpha) = 0$.

- (1) 求 $\frac{\sin \alpha + \cos \alpha}{2\sin \alpha - \cos \alpha}$.
 (2) 求 $\frac{\sin 2\alpha + \cos^2 \alpha}{2\cos 2\alpha + \sin 2\alpha + 2}$.

答案

- (1) $-\frac{2}{5}$.
 (2) $\frac{1}{10}$.

解析

- (1) 已知 $3\sin(\pi - \alpha) + \cos(2\pi - \alpha) = 0$.

可得： $3\sin \alpha + \cos \alpha = 0$ ，即 $\tan \alpha = -\frac{1}{3}$.

$$\frac{\sin \alpha + \cos \alpha}{2\sin \alpha - \cos \alpha} = \frac{\tan \alpha + 1}{2\tan \alpha - 1} = \frac{-\frac{1}{3} + 1}{-\frac{1}{3} \times 2 - 1} = \frac{\frac{2}{3}}{-\frac{5}{3}} = -\frac{2}{5} .$$

- (2) $\frac{\sin 2\alpha + \cos^2 \alpha}{2\cos 2\alpha + \sin 2\alpha + 2} = \frac{2\sin \alpha \cos \alpha + \cos^2 \alpha}{2(2\cos^2 \alpha - 1) + 2\sin \alpha \cos \alpha} = \frac{2\tan \alpha - 1}{4 + 2\tan \alpha} = \frac{1}{10}$.