

02三角恒等变换综合练习题

1. 二倍角公式

1 设 $\sin\left(\frac{\pi}{4} + \theta\right) = \frac{1}{3}$, 则 $\sin 2\theta = (\quad)$.

A. $-\frac{7}{9}$

B. $-\frac{1}{9}$

C. $\frac{1}{9}$

D. $\frac{7}{9}$

答案 A

解析 方法一：由 $\sin\left(\frac{\pi}{4} + \theta\right) = \sin \frac{\pi}{4} \cos \theta + \cos \frac{\pi}{4} \sin \theta = \frac{\sqrt{2}}{2}(\sin \theta + \cos \theta) = \frac{1}{3}$,

两边平方得： $1 + 2 \sin \theta \cos \theta = \frac{2}{9}$, 即 $2 \sin \theta \cos \theta = -\frac{7}{9}$,

则 $\sin 2\theta = 2 \sin \theta \cos \theta = -\frac{7}{9}$.

故选A .

方法二： $\sin 2\theta = \sin \left[2 \left(\frac{\pi}{4} + \theta \right) - \frac{\pi}{2} \right] = -\cos \left[2 \left(\frac{\pi}{4} + \theta \right) \right] = -\left[1 - 2\sin^2 \left(\frac{\pi}{4} + \theta \right) \right] = -\frac{7}{9}$.

故选A .

2 若 $\sin\left(\frac{\pi}{2} + \theta\right) = \frac{3}{5}$, 则 $\cos 2\theta = \underline{\hspace{2cm}}$.

答案 $-\frac{7}{25}$

解析 由 $\sin\left(\frac{\pi}{2} + \theta\right) = \frac{3}{5}$ 可知 , $\cos \theta = \frac{3}{5}$,

而 $\cos 2\theta = 2\cos^2 \theta - 1 = 2 \times \left(\frac{3}{5}\right)^2 - 1 = -\frac{7}{25}$.

故答案为： $-\frac{7}{25}$.

3 若 $\theta \in \left[\frac{\pi}{4}, \frac{\pi}{2}\right]$, $\sin 2\theta = \frac{3\sqrt{7}}{8}$, 则 $\sin \theta = (\quad)$.

A. $\frac{3}{5}$

B. $\frac{4}{5}$

C. $\frac{\sqrt{7}}{4}$

D. $\frac{3}{4}$

答案 D

解析 因为 $\theta \in [\frac{\pi}{4}, \frac{\pi}{2}]$,
 所以 $2\theta \in [\frac{\pi}{2}, \pi]$, 所以 $\cos 2\theta \leq 0$,
 所以 $\cos 2\theta = -\sqrt{1 - \sin^2 2\theta} = -\frac{1}{8}$.
 又 $\cos 2\theta = 1 - 2\sin^2 \theta = -\frac{1}{8}$,
 所以 $\sin^2 \theta = \frac{9}{16}$,
 所以 $\sin \theta = \frac{3}{4}$.

4 若 $\tan \theta = -\frac{1}{3}$, 则 $\cos 2\theta = ()$.

A. $-\frac{4}{5}$

B. $-\frac{1}{5}$

C. $\frac{1}{5}$

D. $\frac{4}{5}$

答案 D

解析 方法一: $\cos 2\theta = \cos^2 \theta - \sin^2 \theta = \frac{\cos^2 \theta - \sin^2 \theta}{\cos^2 \theta + \sin^2 \theta} = \frac{1 - \tan^2 \theta}{1 + \tan^2 \theta}$,
 把 $\tan \theta = -\frac{1}{3}$ 代入, 原式 $= \frac{4}{5}$.
 故选 D.
 方法二: 由 $\tan \theta = -\frac{1}{3}$, 可得 $\sin \theta = \pm \frac{1}{\sqrt{10}}$,
 因而 $\cos 2\theta = 1 - 2\sin^2 \theta = \frac{4}{5}$.
 故选 D.

5 已知 α 为第二象限角, $\sin \alpha + \cos \alpha = \frac{\sqrt{3}}{3}$, 则 $\cos 2\alpha = ()$.

A. $-\frac{\sqrt{5}}{3}$

B. $-\frac{\sqrt{5}}{9}$

C. $\frac{\sqrt{5}}{9}$

D. $\frac{\sqrt{5}}{3}$

答案 A

6 若 $x \in (-\frac{3\pi}{4}, \frac{\pi}{4})$, 且 $\cos(\frac{\pi}{4} - x) = -\frac{3}{5}$, 则 $\cos 2x$ 的值是 ().

A. $-\frac{7}{25}$

B. $-\frac{24}{25}$

C. $\frac{24}{25}$

D. $\frac{7}{25}$

答案 B

解析 $\cos 2x = \cos \left[\frac{\pi}{2} - 2 \left(\frac{\pi}{4} - x \right) \right]$
 $= \sin 2 \left(\frac{\pi}{4} - x \right) = 2 \sin \left(\frac{\pi}{4} - x \right) \cos \left(\frac{\pi}{4} - x \right),$
 $\therefore x \in \left(-\frac{3\pi}{4}, \frac{\pi}{4} \right),$
 $\therefore \frac{\pi}{4} - x \in (0, \pi),$
 $\therefore \sin \left(\frac{\pi}{4} - x \right) > 0,$
 又 $\cos \left(\frac{\pi}{4} - x \right) = -\frac{3}{5},$
 $\therefore \sin \left(\frac{\pi}{4} - x \right) = \frac{4}{5},$
 $\therefore \cos 2x = 2 \sin \left(\frac{\pi}{4} - x \right) \cos \left(\frac{\pi}{4} - x \right) = -\frac{24}{25}.$

故选B.

7 已知 $\cos \left(\alpha + \frac{\pi}{12} \right) = \frac{3}{5}$, 则 $\sin \left(2\alpha + \frac{2\pi}{3} \right) =$ _____.

答案 $-\frac{7}{25}$

解析 $\because \cos \left(\alpha + \frac{\pi}{12} \right) = \frac{3}{5},$
 $\therefore \cos 2 \left(\alpha + \frac{\pi}{12} \right) = 2 \cos^2 \left(\alpha + \frac{\pi}{12} \right) - 1 = \frac{18}{25} - 1 = -\frac{7}{25},$
 即 $\cos \left(2\alpha + \frac{\pi}{6} \right) = -\frac{7}{25},$
 $\therefore \sin \left(2\alpha + \frac{2}{3}\pi \right) = \sin \left(2\alpha + \frac{\pi}{6} + \frac{\pi}{2} \right)$
 $= \cos \left(2\alpha + \frac{\pi}{6} \right) = -\frac{7}{25}.$
 故答案为: $-\frac{7}{25}.$

2. 辅助角公式

8 化简 $\frac{1}{\sin 15^\circ} - \frac{1}{\cos 15^\circ}$ 结果是 ().

A. $\sqrt{2}$

B. $\frac{\sqrt{2}}{2}$

C. $2\sqrt{2}$

D. $-2\sqrt{2}$

答案 C

解析

$$\text{由 } \frac{1}{\sin 15^\circ} - \frac{1}{\cos 15^\circ} = \frac{\cos 15^\circ - \sin 15^\circ}{\sin 15^\circ \cos 15^\circ} = \frac{\sqrt{2} \cos(15^\circ + 45^\circ)}{\frac{1}{2} \sin 30^\circ} = \frac{\frac{\sqrt{2}}{2}}{\frac{1}{4}} = 2\sqrt{2}.$$

故选C.

9 计算: $\sin \frac{7\pi}{12} \cos \frac{\pi}{6} + \cos \frac{5\pi}{12} \sin \frac{7\pi}{6} = \underline{\hspace{2cm}}.$

答案 $\frac{\sqrt{2}}{2}$

解析

$$\text{由诱导公式 } \sin \frac{7\pi}{12} = \sin \left(\pi - \frac{5\pi}{12} \right) = \sin \frac{5\pi}{12},$$

$$\sin \frac{7\pi}{6} = \sin \left(\pi + \frac{\pi}{6} \right) = -\sin \frac{\pi}{6},$$

$$\text{得 } \sin \frac{7\pi}{12} \cdot \cos \frac{\pi}{6} + \cos \frac{5\pi}{12} \cdot \sin \frac{7\pi}{6}$$

$$= \sin \frac{5\pi}{12} \cdot \cos \frac{\pi}{6} - \cos \frac{5\pi}{12} \sin \frac{\pi}{6}$$

$$= \sin \left(\frac{5\pi}{12} - \frac{\pi}{6} \right)$$

$$= \sin \frac{\pi}{4}$$

$$= \frac{\sqrt{2}}{2}.$$

故答案为: $\frac{\sqrt{2}}{2}.$

10 已知 $\sin \alpha + \cos \left(\alpha - \frac{\pi}{6} \right) = \frac{4\sqrt{3}}{5}$, 则 $\sin \left(\alpha + \frac{7\pi}{6} \right)$ 的值是 $\underline{\hspace{2cm}}.$

答案 $-\frac{4}{5}$

解析

$$\sin \alpha + \cos \left(\alpha - \frac{\pi}{6} \right)$$

$$= \sin \alpha + \cos \alpha \cos \frac{\pi}{6} + \sin \alpha \cdot \sin \frac{\pi}{6}$$

$$= \frac{3}{2} \sin \alpha + \frac{\sqrt{3}}{2} \cos \alpha$$

$$\begin{aligned}
 &= \sqrt{3} \left(\frac{\sqrt{3}}{2} \sin \alpha + \frac{1}{2} \cos \alpha \right) \\
 &= \sqrt{3} \left(\sin \alpha \cos \frac{\pi}{6} + \cos \alpha \sin \frac{\pi}{6} \right) \\
 &= \sqrt{3} \sin \left(\alpha + \frac{\pi}{6} \right) = \frac{4\sqrt{3}}{5} . \\
 \therefore \sin \left(\alpha + \frac{\pi}{6} \right) &= \frac{4}{5} , \\
 \therefore \sin \left(\alpha + \frac{7\pi}{6} \right) &= -\sin \left(\alpha + \frac{\pi}{6} \right) = -\frac{4}{5} .
 \end{aligned}$$

11 $\frac{\sin 10^\circ}{1 - \sqrt{3} \tan 10^\circ} = (\quad) .$

- A. $\frac{1}{4}$
C. $\frac{\sqrt{3}}{2}$

- B. $\frac{1}{2}$
D. 1

答案 A

解析 $\frac{\sin 10^\circ}{1 - \sqrt{3} \tan 10^\circ} = \frac{\sin 10^\circ \cos 10^\circ}{\cos 10^\circ - \sqrt{3} \sin 10^\circ} = \frac{2 \sin 10^\circ \cos 10^\circ}{4 \left(\frac{1}{2} \cos 10^\circ - \frac{\sqrt{3}}{2} \sin 10^\circ \right)}$

$$= \frac{\sin 20^\circ}{4 \sin(30^\circ - 10^\circ)} = \frac{1}{4} .$$

故选A .

3. 综合练习

12 已知 $\alpha \in (0, \pi)$, 且 $3 \cos 2\alpha - 8 \cos \alpha = 5$, 则 $\sin \alpha = (\quad) .$

- A. $\frac{\sqrt{5}}{3}$
C. $\frac{1}{3}$

- B. $\frac{2}{3}$
D. $\frac{\sqrt{5}}{9}$

答案 A

解析 由 $3 \cos 2\alpha - 8 \cos \alpha = 6 \cos^2 \alpha - 8 \cos \alpha - 3 = 5$,

得 $3 \cos^2 \alpha - 4 \cos \alpha - 4 = 0$,

解得 $\cos \alpha = -\frac{2}{3}$ 或 $\cos \alpha = 2$ (舍) ,

又 $\because \alpha \in (0, \pi)$, 则 $\sin \alpha > 0$,

$$\therefore \sin \alpha = \sqrt{1 - \cos^2 \alpha} = \frac{\sqrt{5}}{3}.$$

故选A.

- 13 设 θ 为第二象限角, 若 $\tan(\theta + \frac{\pi}{4}) = \frac{1}{2}$, 则 $\sin \theta + \cos \theta =$ _____.

答案 $-\frac{\sqrt{10}}{5}$

- 14 已知 α, β 为锐角, 且 $\cos \alpha = \frac{7\sqrt{2}}{10}$, $\cos(\alpha + \beta) = \frac{2\sqrt{5}}{5}$, 则 $\cos 2\beta =$ ().
- A. $\frac{3}{5}$ B. $\frac{2}{3}$
C. $\frac{4}{5}$ D. $\frac{7\sqrt{2}}{10}$

答案 C

解析 $\sin^2 \alpha = 1 - \cos^2 \alpha = \frac{1}{50}$, 又 α 为锐角, $\sin \alpha > 0$,
故 $\sin \alpha = \frac{\sqrt{2}}{10}$, $\sin^2(\alpha + \beta) = 1 - \cos^2(\alpha + \beta) = \frac{1}{5}$,
又 α, β 为锐角, $\alpha + \beta \in (0, \pi)$,
 $\therefore \sin(\alpha + \beta) > 0$, $\sin(\alpha + \beta) = \frac{\sqrt{5}}{5}$,
 $\cos \beta = \cos[(\alpha + \beta) - \alpha] = \frac{2\sqrt{5}}{5} \times \frac{7\sqrt{2}}{10} + \frac{\sqrt{2}}{10} \times \frac{\sqrt{5}}{5} = \frac{3\sqrt{10}}{10}$,
 $\cos 2\beta = 2\cos^2 \beta - 1 = 2 \times \left(\frac{3\sqrt{10}}{10}\right)^2 - 1 = \frac{4}{5}$.
故选C.

- 15 设 α 为锐角, 若 $\cos(\alpha + \frac{\pi}{6}) = \frac{4}{5}$, 则 $\sin(2\alpha + \frac{\pi}{3})$ 的值为().
- A. $\frac{12}{25}$ B. $\frac{24}{25}$ C. $-\frac{24}{25}$ D. $-\frac{12}{25}$

答案 B

解析 本题主要考查三角函数.

因为 $\cos(\alpha + \frac{\pi}{6}) = \frac{4}{5}$, 根据二倍角余弦公式, 有 $\cos(2\alpha + \frac{\pi}{3}) = 2\cos^2(\alpha + \frac{\pi}{6}) - 1 = \frac{7}{25}$,

$$\text{所以} \sin\left(2\alpha + \frac{\pi}{3}\right) = \pm \sqrt{1 - \cos^2\left(2\alpha + \frac{\pi}{3}\right)} = \pm \frac{24}{25},$$

又因为 α 是锐角, 所以 $2\alpha + \frac{\pi}{3} \in \left(\frac{\pi}{3}, \frac{\pi}{4}\right)$,

$$\text{所以} \sin\left(2\alpha + \frac{\pi}{3}\right) \in \left(-\frac{\sqrt{3}}{2}, 1\right), \text{ 所以} \sin\left(2\alpha + \frac{\pi}{3}\right) = \frac{24}{25}.$$

故答案为B.

16 已知 $\theta \in (0, \pi)$, $\sin 2\theta = -\frac{24}{25}$, 则 $\sin \theta - \cos \theta = (\quad)$.

A. $\frac{7}{5}$

B. $-\frac{7}{5}$

C. $\pm \frac{7}{5}$

D. $\frac{1}{5}$

答案 A

解析

$$\because \theta \in (0, \pi), \text{ 且 } \sin 2\theta = 2 \sin \theta \cdot \cos \theta = -\frac{24}{25},$$

$$\therefore \sin \theta > 0, \cos \theta < 0,$$

$$\therefore \sin \theta - \cos \theta = \sqrt{(\sin \theta - \cos \theta)^2} = \sqrt{\sin^2 \theta - 2 \sin \theta \cos \theta + \cos^2 \theta}$$

$$= \sqrt{1 + \frac{24}{25}} = \frac{7}{5}.$$

故选A.