



试卷整体分析

2024 年普通高等院校招生全国统一考试(天津卷)抢分卷

英语笔试(1-递增卷)

本试卷分为第 I 卷(选择题)和第 II 卷(非选择题)两部分,共 130 分,考试用时 100 分钟。第 I 卷 1 至 10 页,第 II 卷 11 至 12 页。

答卷前,考生务必将自己的姓名、考生号填写在答题卡上,并在规定位置粘贴考试用条形码。答卷时,考生务必将答案涂写在答题卡上,答在试卷上的无效。考试结束后,将本试卷和答题卡一并交回。

祝各位考生考试顺利!

第 I 卷

注意事项:

- 每小题选出答案后,用铅笔将答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。
- 本卷共 55 小题,共 95 分。

第一部分:英语知识运用

第一节:单项填空(共 15 小题;每小题 1 分,满分 15 分)

从 A、B、C、D 四个选项中,选出可以填入空白处的最佳选项。

- Do you think you will be able to finish your writing by five o'clock today?
—_____. I'll be busy with experiments all day.
A. Not a chance B. Not a little
C. Not to mention it D. No wonder
- Our bodies are strengthened by working out. _____, our minds are developed by learning.
A. Likely B. Similarly
C. Probably D. Therefore
- Though the college entrance exam is drawing near, study shouldn't take up all of your time. It's important to _____ some time for relaxation and hobbies as well.
A. put away B. take off C. lay down D. set aside
- It is reported that the Subway Line 8 _____ in Tianjin is planned to open at the end of this year.
A. building B. built C. being built D. to build
- Thanks to advances in technology, how we make friends and communicate with them has changed _____.
A. equally B. significantly C. interestingly D. worriedly

视频讲解

- I knew I needed to apologize to Henry, _____ he did not want to become my friend again.
A. so that B. so long as C. even though D. as if
- Do I have to bring my camera tomorrow afternoon?
—I think so. We _____ the botanical garden then.
A. will be visiting B. are visiting C. have visited D. are to visit
- I went to Australia with my best friend Lisa for our summer holiday last July, _____ brought us many unforgettable memories.
A. when B. that C. where D. which
- Up to now, the young man who has strong determination _____ what he set out to do three years ago.
A. achieves B. achieved C. has achieved D. had achieved
- Emojis can help people express their feelings when they cannot find the _____ words.
A. consistent B. substantial
C. appropriate D. traditional
- It is becoming a threat to the Chinese language and culture _____ some people can't write Chinese characters properly.
A. which B. that C. whether D. how
- With doubts _____ through my mind, I felt it necessary to carry out a research.
A. to run B. run C. running D. having run
- Children enjoying parents' _____ during their growth tend to have better living habits than left-behind children.
A. company B. compromise C. command D. comprehension
- To ensure our communities are places for people to thrive, we must address social services. _____ this, health care and education also need improvement.
A. In spite of B. On account of
C. By means of D. On top of
- We have no doubt that if the students' interest in the subject is aroused, they will _____ the challenge and commit more of their time and energy to their studies.
A. face up to B. keep pace with C. put up with D. live up to

第二节:完形填空(共 20 小题;每小题 1.5 分,满分 30 分)

阅读下面短文,掌握其大意,然后从 16~35 各题所给的 A、B、C、D 四个选项中,选出最佳选项。

I was on a plane, hoping the seat next to me would be empty. As I opened my magazine, I thought how _____ 16 _____ it would be to spread my things out and relax without talking to anyone.

17, that hope was dashed(破灭) when I found unknowingly a tired-looking young girl with headphones standing before me, 18 a poster board with drawings and names written all over it.

She 19 into the window seat next to me. We exchanged a few words, and then I returned to my magazine and she 20 her headphones over her ears. After a while I looked up, and found the young girl was resting. She had 21 her head on the tray in front of her and was dozing(瞌睡).

Just when I was about to retreat(退回) into my magazine, the plane, without warning, felt as though the massive machine had 22 a couple of big potholes in the sky and dropped 1,000 feet. I instinctively 23 for the girl, who awoke suddenly with fear and 24 on her face. After a few uncertain minutes, the pilot 25 the plane, and the ride became smooth again. The flight attendant announced that there had been some turbulence(湍流) and everything was fine.

The girl, named Liz, and I laughed 26. She was no longer an occupant to me now. She shared that she had just finished two missionary trips in Mexico and had been doing this for four years. Her 27 melted away as she talked about the services, children they teach and the houses they have helped build.

The rest of the trip 28 a different tone as we got to know the people around us. We learned about an 86-year-old woman traveling to see her son alone with passion and 29, an airline attendant who narrowly 30 the tragedy of 9/11, and a young couple 31 with a teething baby explaining it apologetically.

32 wanting to be alone, I realized that letting people 33 our lives with their stories and smiles helps us see them as more than just occupants. It was a 34 that in this interconnected world, we are more than strangers on a plane, but individuals with 35 experiences and connections.

- | | | | |
|---------------------|---------------|----------------|---------------|
| 16. A. embarrassing | B. successful | C. comfortable | D. convenient |
| 17. A. Meanwhile | B. However | C. Instead | D. Rather |
| 18. A. waving | B. throwing | C. turning | D. carrying |
| 19. A. jumped | B. slipped | C. dived | D. rushed |
| 20. A. brought | B. withdrew | C. dragged | D. pulled |
| 21. A. lay | B. buried | C. laid | D. raised |
| 22. A. run | B. hit | C. knocked | D. hugged |
| 23. A. headed | B. held | C. called | D. reached |
| 24. A. confusion | B. sleepiness | C. sorrow | D. smile |
| 25. A. lost | B. caught | C. evened | D. flattened |
| 26. A. with fear | B. at ease | C. in relief | D. by heart |

- | | | | |
|------------------|---------------|------------------|------------------|
| 27. A. tiredness | B. horror | C. excitement | D. regret |
| 28. A. took on | B. showed off | C. thought of | D. brought about |
| 29. A. regret | B. admiration | C. courage | D. astonishment |
| 30. A. fled | B. separated | C. escaped | D. reminded |
| 31. A. fighting | B. debating | C. quarreling | D. struggling |
| 32. A. Given | B. Despite | C. Upon | D. Considering |
| 33. A. relate | B. touch | C. construct | D. strike |
| 34. A. warning | B. notice | C. certification | D. reminder |
| 35. A. unique | B. single | C. identical | D. familiar |

第二部分: 阅读理解(共 20 小题; 每小题 2.5 分, 满分 50 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中, 选出最佳选项。

A

Recently I interviewed a range of successful people to find out how they dealt with situations when they didn't get what they wanted. Most respondents agreed that although they were initially disappointed when rejected, gaining perspective over time helped them realize that those early frustrations afforded them the chance to try something different and to gain valuable insights. These individual "aha" moments contain some universal truths. Here are three strategies for recovering and thriving when a career goal you once desired slips away.

Acknowledge the Emotional Pain

"Rejection often triggers painful emotional doubts about our own competence and self-worth, so we either try to avoid it or pretend that it doesn't matter," writes consultant Ron Ashkenas in his article *Rejection Is Critical for Success*. But it's important not to dismiss these feelings and recognize that they are both primal and normal, which can help you move past the ache faster.

Ask Yourself, "Was it me, was it them, or was it us?"

When executive coach Chhaya was passed over as a consultant, her first response was to seek an explanation. However, the reality is that when you aren't chosen for an opportunity, the reason often is a problem with fit rather than something that you (or someone else) did wrong.

Chhaya eventually came to realize that her real interest lay in coaching. "It never would have made me want to push for my own passion versus compete with what I think I 'should' have done relative to my classmates," she said. Recent studies confirm that when people attribute(归因于) setbacks to lack of fit instead of blaming themselves or another person involved, they're less likely to give up and more motivated to improve.

Embrace Your Strengths

Self-reinvention thought coach Chhaya let go of her first dream of getting a PhD in order to spot the next one, so she could maximize her talents. If you look back for too long instead of

soldiering on in a direction where your talents can shine, you risk the possibility of neglecting fresh opportunities. Making a conscious effort to look forward rather than back can lead to personal growth and the discovery of creative options.

Overall, being able to identify the silver lining in a perceived failure or missed opportunity can help you move on to bigger and better things—while maintaining your self-confidence in the process. As Wharton professor Adam Grant puts it: “We are more than the bullet points on our résumés. We are better than the sentences we string together into a word salad under the magnifying glass of an interview. No one is rejecting us. They are rejecting a sample of our work, sometimes only after seeing it through a foggy lens.”

36. What is realized in “aha” moments according to the passage?

- A. The three universal truths beneficial to professionals.
- B. Career frustrations help gain perspective and insights.
- C. Rejection experiences are must-haves for professionals.
- D. Early career setbacks mean new options for a change.

37. Why is it important to attribute setbacks to lack of fit rather than blame oneself or others?

- A. It helps people maintain their confidence and motivation to improve.
- B. It allows people to easily find new opportunities and creative options.
- C. It gets rid of the possibility of neglecting fresh opportunities.
- D. It prevents people from repeating the same mistakes in the future.

38. What does “look back” refer to in Paragraph 5?

- A. Reflecting on one's strengths to find self-worth.
- B. Researching into strategies to get what one wants.
- C. Finding out why one isn't chosen for an opportunity.
- D. Drawing lessons from one's rejection experiences.

39. How did Chhaya respond to her first dream?

- A. She took the chance to pursue a career in coaching instead.
- B. She regretted not being accepted into a graduate school.
- C. She decided to look back and regret missed opportunities.
- D. She ignored her talents and focused on her past failures.

40. According to Adam Grant, what should individuals remember about rejection?

- A. Rejection is a reflection of their true abilities and skills.
- B. Rejection is often based on a biased or unclear perspective.
- C. Rejection doesn't define their worth as individuals.
- D. Rejection is an opportunity to showcase their work in a different light.

B

For most of my adult life, I've avoided driving because I've always been anxious about it. I could give different reasons for not driving, like saving money or being environmentally conscious, but the truth is that anxiety was the main reason. However, during the pandemic, my family and I wanted a change of scenery, so I booked a stay in the Adirondacks and decided to take driving lessons for the first time ever.

On my first day of driving lessons, I was extremely anxious. My muscles were tense, and I felt sick to my stomach. But my instructor told me something that changed my perspective: “The fear never leaves you. You have to learn to make use of it.” This idea was liberating because it meant that I didn't have to get rid of my anxiety completely. In fact, having some anxiety can actually be helpful in certain stressful situations.

Anxiety is an uncomfortable emotion that arises from uncertainty. Too much anxiety can lead to excessive worry and fear, not only about stressful events but also about everyday situations. However, according to the Yerkes-Dodson Law, a certain level of anxiety can help us anticipate obstacles and stay organized.

One psychologist, Seth Gillihan, used to feel anxious before his workday. Instead of trying to suppress his anxiety, he learned to listen to his body and examine what was causing it. This led him to make changes in his career and pursue his passions. Rather than seeing anxiety as a problem, he now sees it as a signal that something needs to change.

Anxious people tend to be careful and cautious, which can be channeled into conscientiousness. Alice Boyes, the author of *The Anxiety Toolkit*, was always worried about things going wrong. As she grew up, she started making contingency plans to calm her fears and reduce the likelihood of worst-case scenarios.

In my case, preparation was key to gaining confidence in driving. It took me eight driving lessons, a last-minute nervous text to my instructor, and a rental car with advanced safety features. Finally, my family and I set off on our journey.

From the back seat, my four-year-old daughter exclaimed, “Mama is a driver!”

“Yes, I am,” I replied, starting to feel a sense of pride.

Overall, anxiety is a complex emotion that can be uncomfortable but also helpful in certain situations. It's important to listen to our bodies and use anxiety as a signal for change. Being prepared and making contingency(应急) plans can help ease anxiety and boost confidence. And sometimes, facing our fears can lead to personal growth and a sense of accomplishment.

41. The author had tried to avoid driving before the pandemic mainly because she _____.

- A. saw no need to make a road trip

- B. had never taken formal driving lessons
C. always felt worried about it
D. felt responsible for protecting the environment
42. What did Seth Gillihan learn about managing his anxiety?
A. He needed to completely get rid of his anxiety.
B. He needed to ignore it and focus on work.
C. He needed to seek professional help.
D. He needed to listen to his body and make changes.
43. How did Alice Boyes deal with her anxiety growing up?
A. By suppressing her feelings. B. By making contingency plans.
C. By avoiding stressful situations. D. By seeking medical treatment.
44. What does the example of Seth Gillihan in the article show?
A. The possibility of turning anxiety into a positive force.
B. The need to suppress anxious feelings to achieve one's goals.
C. The benefits of completely erasing anxiety through therapy.
D. The importance of avoiding stressful situations to manage anxiety.
45. What is the main message of the passage?
A. Anxiety is a problem that needs to be eliminated.
B. Anxiety is always harmful and should be avoided.
C. Anxiety is a sign of weakness of one's personality.
D. Anxiety can be helpful in certain situations.

C

An AI model can be used to detect stress in office workers based on how they use their mouse and keyboard. A new study suggests that a machine-learning model using these two elements was more accurate at detecting stress in people than a model that tracked their heart-rate data.

"We saw that the models that just used the mouse and keyboard data performed better than the models that had the heart-rate data in it," says Mara Naegelin, a PhD student at the Swiss Federal Institute of Technology, and one of the study's authors.

Naegelin and her fellow researchers used machine-learning models to analyze data on keyboard-typing activity, mouse movements and heart-rate data. They also studied the data of a combination of two or all three of these elements to determine which performed best in terms of measuring stress. They found that the model trained on mouse and keyboard data performed better than the model that used mouse, keyboard and heart rates. Of the single-modality(形态) models, the heart-rate data performed the worst.

"The test was conducted in an environment that simulated an office environment, so the results still need to be confirmed in real-life scenarios(情况)," Naegelin says.

In the experiment, participants were divided into three groups. A control group carried out assigned tasks, such as planning meetings and collecting data, with no additional work. A second group at times answered questions from managers in person in a mock interview scenario while completing other assigned tasks. And members of a third group were, at certain points, interrupted with additional questions sent through an online chat on top of tasks assigned to other groups. At regular intervals during the experiment, participants were asked to rate their stress levels through a computer questionnaire.

Researchers learned that workers made longer, less accurate movements with their mouse, as well as more typing errors, when they were stressed. Shorter, more direct movements with the mouse were tied to lower stress levels. The study didn't focus on why increased levels of stress are thought to affect muscle activity.

The researchers say they believe a stress-detection system that logs keyboard and mouse movements might be beneficial as a self-help tool for employees alongside other initiatives to improve workplace mental health. But employee participation would need to be optional and based on informed consent(同意), and companies would need to commit to protecting user privacy.

It remains to be seen how this technology will evolve and be adopted in practice, but the potential for AI to contribute positively to employee well-being is an appealing avenue for future exploration.

46. What do we know from Naegelin's study?
A. Heart-rate data has little connection with stress.
B. Mouse and keyboard data proves effective in stress detection.
C. Mouse data performs worst in measuring stress among all models.
D. Using more elements in a model increases accuracy in stress detection.
47. What is Paragraph 5 mainly about?
A. The research process. B. The research findings.
C. The research purpose. D. The research background.
48. According to the study, how did stress affect office workers' mouse movements?
A. They made faster, more direct movements.
B. They made longer, more accurate movements.
C. They made longer, less accurate movements.
D. They made slower, less accurate movements.

49. What do the researchers suggest about the benefits of a stress-detection system?

- A. It could be used to monitor employees' stress levels without their knowledge.
- B. It could be used as a helpful tool for employees to manage their stress levels.
- C. It could be used to gather sensitive personal information about employees.
- D. It could be used as a form of punishment for stressed-out employees.

50. What is the author's purpose of writing the passage?

- A. To introduce a new model to detect stress.
- B. To compare different models in stress detection.
- C. To show the disadvantages of being over-stressed.
- D. To state the importance of a stress-detection system.

D

With greater climate catastrophe on the horizon, it is natural for us to make every effort to stop the parade of floods, unusual snowstorms, and alarming reports from scientists. For many of us (myself included), part of that means running out to buy reusable straws, organic cleaners, and packaging-free products. However, before you enjoy your "green" purchases, take a second to consider the results of a new study from the University of Arizona. By comparing the shopping habits, mental health, and environmental impact of young people, the researchers reaffirmed a principle that should be obvious but is all too easy to forget: Buying less beats buying "green" stuff hands down. And that is true whether you are looking at the impact that your purchases have on the Earth or on your own happiness.

It should not come as a shock that simply consuming less is better for the planet. After all, every new item a factory produce requires some resources. But in the confusing whirlwind of (一片忙乱) environmental news, this simple truth can get lost. Take plastic bag bans for instance, if your city is removing single-use shopping bags, it can be inviting to pay for that fashionable organic cotton bag hanging in the check-out line of your local supermarket. However, experts who have analyzed the data on environmental impact insist that growing cotton is actually no better for the Earth than producing the conventional plastic bag. Your best bet for carrying your groceries if you care about sustainability. Any bag you already own. This is true of many kinds of "green" products. It is not just the earth that will be happier if you buy less. According to the University of Arizona study, you will feel more contented too. Again, this isn't wildly shocking. An incredible amount of research has shown that materialism in general makes us miserable and lonely. But you might think buying green wouldn't have the same negative impact on our mental health as normal, everyday consumerism. Not so, this new study found.

"People believe that they might well be self-satisfied about becoming environmentally conscious through green buying patterns, but it doesn't seem to be that way," said the lead researcher Sabrina Helm. "Reduced consumption has effects on increased well-being and decreased psychological distress, but we don't see that with 'green' consumption."

In short, it's perfectly possible to be both obsessed with going green and a passionate materialist at the same time. Lusting after (贪恋) every new "green" product on the market might make you feel virtuous, but it presents the same emotional pitfalls (陷阱) as lusting after whatever the Joneses next door are buying, "If you relieve yourself of that burden of ownership, most people report feeling a lot better and freer," said Helm.

51. According to the author, which of the following lifestyle choices is the least sustainable?

- A. Buying moon cakes without a packing box.
- B. Using organic cleaners only when it's necessary.
- C. Buying a new phone when the old one still works.
- D. Taking a plastic bag with you when going shopping.

52. The author is not in favor of the use of organic cotton shopping bags because _____.

- A. they cost much more than single-use plastic bags
- B. customers have to wait longer in line to check out
- C. they are not as fashionable as traditional plastic bags
- D. planting cotton still does much harm to the environment

53. The author would most likely suggest that people _____.

- A. buy groceries online
- B. stop buying "green" stuff
- C. control their urge to spend
- D. follow new environmental trends

54. According to Sabrina Helm, why does reduced consumption lead to increased well-being?

- A. It reduces financial burden.
- B. It promotes a sense of freedom.
- C. It encourages environmental consciousness.
- D. It gets rid of the need for material possessions.

55. What is the main idea of the passage?

- A. Environmental news can be confusing and misleading.
- B. Green products have a positive impact on mental health.
- C. Buying less is more beneficial for the environment and well-being.
- D. Single-use plastic bags are worse for the environment than cotton bags.

2024 年普通高等院校招生全国统一考试(天津卷)抢分卷
英语笔试(1-递增卷)

第 II 卷

注意事项:

1. 用黑色墨水的钢笔或签字笔将答案写在答题卡上。
2. 本卷共 6 小题,共 35 分。

第三部分:写作

第一节:阅读表达(共 5 小题;每小题 2 分,满分 10 分)

阅读短文,按照题目要求用英语回答问题。

Growing up, Arielle Rivera, a North County High School student, watched her father work his way through the ranks of the Metropolitan Police Department in Washington, D. C. Although finally he was successful, Arielle said she saw her father had to work harder than others around him to advance, because he didn't have a college degree. Seeing this resulted in Arielle's becoming a great student. She said she wanted to be successful more easily, unlike her father's struggle.

Arielle has joined in the Science, Technology, Engineering and Mathematics(STEM) magnet program at North County. This selective program requires students to go through an application process and makes selections based on their middle school performances. Since her arrival at the high school, Arielle has impressed her teachers and classmates with her good performance of study, as well as her character.

Toula Patti, Arielle's teacher, has known her for three years. She describes the teen as "always having a smile on her face". "She does everything to perfection," Patti said. "She's just amazing." She also noted how willing Arielle is to help her school. She said, "She's always helpful for the students and the teachers. She'll come around at the beginning of the year and ask if we need help in setting up the classrooms."

Helping others is at the heart of Arielle's interest in the engineering and medical fields. She found herself loving serving her community when she began volunteering at a food bank four years ago. She said, "Feeling that I'm possibly making lives of the food bank's people a little easier is part of why I love community services."

Inspired by her volunteering experiences, Arielle, who is president of her school's National

Honor Society, created service opportunities for the group, including volunteering at food banks and organizing clothing drives. Arielle also works weekly at the Johns Hopkins University Applied Physics Laboratory and Anne Arundel Medical Center.

56. What elements motivated Arielle to become a great student? (no more than 12 words)

57. What does the underlined word in Paragraph 1 mean? (no more than 5 words)

58. What does Paragraph 4 mainly talk about? (no more than 15 words)

59. What inspired Arielle's interest in engineering and medical fields? (no more than 10 words)

60. What do you think of Arielle? Please explain in your own words. (no more than 25 words)

第二节:书面表达(满分 25 分)

61. 假设你是天津晨光中学的学生李津。你的外教 Smith 给你写电子邮件,请你帮忙拍摄一条短视频,为他在美国的学生介绍你高中的日常校园生活,并发表在社交媒体上供交流。请你根据以下要点用英文撰写视频的文字稿。

- (1)向对方同学表达问候;
- (2)介绍你所拍摄的内容(校园环境、课后活动等);
- (3)谈自己对此活动的感受并邀请对方就校园生活交流提出建议。

注意:(1)词数 100 左右;

(2)可适当增加细节,使内容充实、行文连贯;

(3)开头已给出,不计入总词数。

Hello, my dear friends!

My name is Li Jin, and I'm a student from Chenguang High School in Tianjin. _____